

## **Pembroke Welsh Corgi - Diet and Exercise**

The Pembroke Welsh Corgi is prone to obesity. They need to have plenty of exercise and proper diet to maintain an ideal weight. Do not over feed your Corgi. An overweight Corgi is a back problem waiting to happen. In addition, extra weight is hard on all joints and the heart. Excessive weight, especially in older dogs, can lead to numerous problems including kidney failure. If your Corgi is too fat, you need more exercise.

Yes, Corgis are always hungry. You could never feed them enough to curb their unstoppable desire for more food; but unlike people, dogs can't open the refrigerator, raid the cupboards, run down to McDonald's, or make up their own meals. So it should be relatively easy to put a Corgi on a diet that will keep him at a perfect weight.

Unfortunately, many people who have Corgis as pets seem to be taken in by the pleading looks, and plaintive complaints of starvation coming from their very dramatic and manipulative little dogs. Corgis are experts at getting what they want. Their expressive faces, and artful begging, can make you feel terribly guilty for not giving them just a tiny bit more.

However, obesity can be the greatest health risk that Corgis face, and although it is a risk, it is also preventable.

Puppies will be able to eat more than adults, and still be a proper weight. Dogs getting a tremendous amount of exercise can eat more than the dog who sits on the sofa all day. A dog will need more food when the weather is good and he can get out to play, than he will when it's the rainy season and he has to stay indoors. An adult, neutered dog needs less food than a growing un-neutered dog.

The puppy needs to have a place to be active such as outside in a medium sized yard. Even though they do need exercise, they should not be overworked. They have small legs and the distance they travel is double that of a larger dog in the same distance. They do need to walk, run and play, but when they are done that should be it for a while.

### **Exercising and The Weather**

You should avoid excessive exercise in extreme hot or cold weather. Minimum exercise during the colder or hot weather will be just fine to control the weight of a Pembroke Welsh Corgi. When the weather is mild, they can do more exercising without any potential health risks. You do have to remember to provide plenty of water during the day so they can refresh themselves periodically.

## **Proper Diet**

The Welsh Corgi should have a meal in the morning and at dinner. This is when they will become accustomed to eating and as long as you do not feed table scraps in between feedings, you should help with keeping your little dog healthy and from becoming overweight.

## **What To Do For An Overweight Dog**

If you notice your Pembroke Welsh Corgi becoming a little heavier, you need to place them on a diet and do some exercising with them. It may be as simple as taking them for a daily walk or going to a dog park to run around and play. These dogs do well in apartments, but do need somewhere to run and play. It is very important to keep them healthy and in the right weight range.

Corgi's are a people person dog and if you sit around the house and do not do any type of physical exercise or move around a lot, your dog will do the same as you. The Pembroke Welsh Corgi needs to be in a home with plenty of action. They are bred from a line of active dogs, therefore, having plenty of things to do is vital for them physically and mentally.

If a problem develops where your Corgi is overweight, I recommend switching their food. Diamond Naturals Lamb Meal and Rice Lite Formula is a low calorie, high fiber formula that will help your overweight dog achieve a healthier lean body condition. With added features for overall good health, this formula is the ultimate in weight management tools for your dog.

Also, for dogs who need to eat very restricted amounts to stay at a healthy weight, non-fattening veggies can be added to the ration to make the dog feel more satisfied. Apple or carrot slices are good treats for the Corgi who puts on weight easily. Remember, when evaluating the amount of food your dog gets each day, include the snacks in the total.

## **Stimulation and Your Overweight Welsh Corgi**

If you keep your Corgi stimulated, they will stay healthy and keep their weight in a proper range. Give them something to do rather than just laying around the house. If you are gone to work, something such as a ball or another dog toy may keep them busy and active. If you do not have time to exercise them, or your yard is not big enough, you could invest in a doggie treadmill for the little one. This may sound absurd, but it can help keep them fit and healthy. Many dog owners have one because they cannot get out enough with the dog.